

April 20, 2007

Independent Living Resource Center Receives \$20,000 Grant from Forrest C. Lattner Foundation to Renovate Kitchen

WICHITA, Kan. – Independent Living Resource Center received a \$20,000 grant today from the Forrest C. Lattner Foundation to help with the renovation of the kitchen in the agency's activity room. The grant is given in memory of Forrest C. and Frances H. Lattner.

The activity room/kitchen is used every Tuesday, Wednesday and Thursday for cooking/nutrition classes and is frequently used by consumers throughout the week when they visit ILRC's facility for an appointment, independent living skills training, advocacy meetings and other activities.

The current facilities have not been adequate to provide enough room for effective training for the amount of people in the classes. The class size ranges from 4 to 10 people and usually includes several people in wheelchairs.

"Renovation of the kitchen will enable us to efficiently train our consumers to fix meals that are nutritious and easy to prepare. Preparing meals, nutrition and cooking is an integral part of living independently at home and fully-participating in the community," said Judy Weigel, Executive Director.

For more information about services, advocacy, resources and community education provided by ILRC call (316) 942-6300 or visit www.ilrcks.org.

Independent Living Resource Center, located at 3033 W. 2nd Street in Wichita, is a non-profit agency that provides resources and services to people of all ages with disabilities in south-central Kansas. Services and resources include information and referrals, independent living skills training, advocacy, medical equipment loans, computer training, social and recreation activities, peer support and speaker bureau presentations.